

Deeksha

Deeksha in Sanskrit means benediction. It is the transfer of Divine Energy which, over time is designed to bring about the state of Enlightenment or Oneness in the recipient. This energy has been brought to the world through Divine Grace and is being bestowed upon humanity by the twin avatars of enlightenment Sri Bhagavan and Sri Amma, who reside in the Golden City, India.

Deeksha initiates a neurobiological change in the brain that when complete enables the senses to be free from the interference of the mind. When the senses are unclouded by the mind's interpretations, a natural clarity of perception occurs with accompanying spontaneous feelings of joy, inner calmness and connection to the Oneness in everything.

Deeksha is transferred by the deeksha giver normally placing his or her hands onto the crown of your head, usually for about 1 minute. Experiences during the deeksha vary, sometimes strong, sometimes subtle, sometimes delayed until even days later. The recipient may experience a tingling sensation in the head, or blissful energy flowing through the body, or sometimes nothing at all. Whatever the experience, the recipient can trust that the process of enlightenment has begun, a process designed by Divine Grace for your own nature that will lead gradually (or sometimes spontaneously) into your own Awakening.

The deeksha can be transferred by anyone who has received the transmission and training during a special process in Golden City, India. The deeksha giver then works, as an empty vessel, for the energy to transfer to the receiver.

Deeksha does not belong to any religion, or any particular belief or spiritual path. Deeksha is given each day to people all over the world, people of all races, all religions, all spiritual beliefs or no spiritual beliefs, and to people of all nationalities. It is not necessary to change one's religion, nor adopt a new guru or spiritual master to receive Deeksha - nor to offer Deeksha to others.

Our planet, and all of humanity, is currently undergoing a major evolutionary transformation. This is impacting our environment, our social structures, and our individual and collective consciousness. The twin avatars Sri Bhagavan and Sri Amma have been Divinely sent to help us with this transformation, offering enlightenment to the masses for the first time.